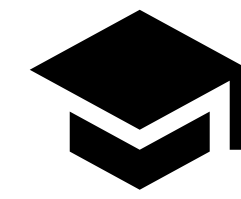




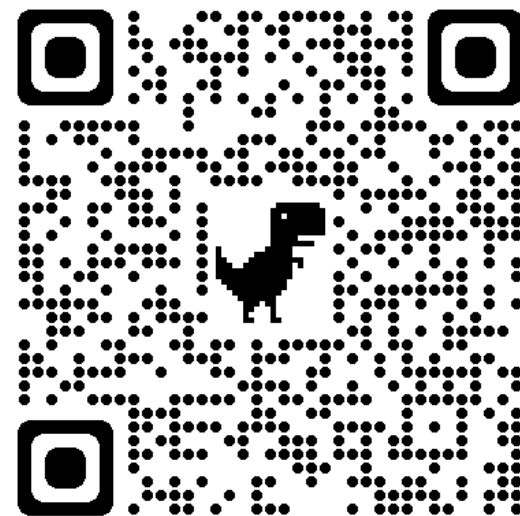
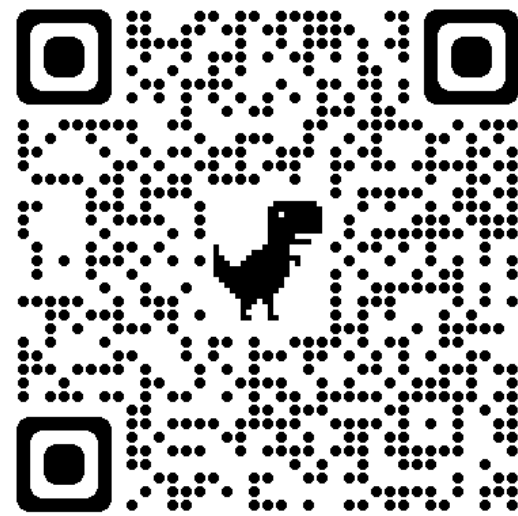
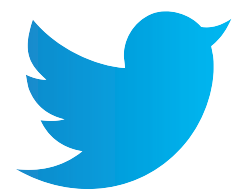
**Dr. John
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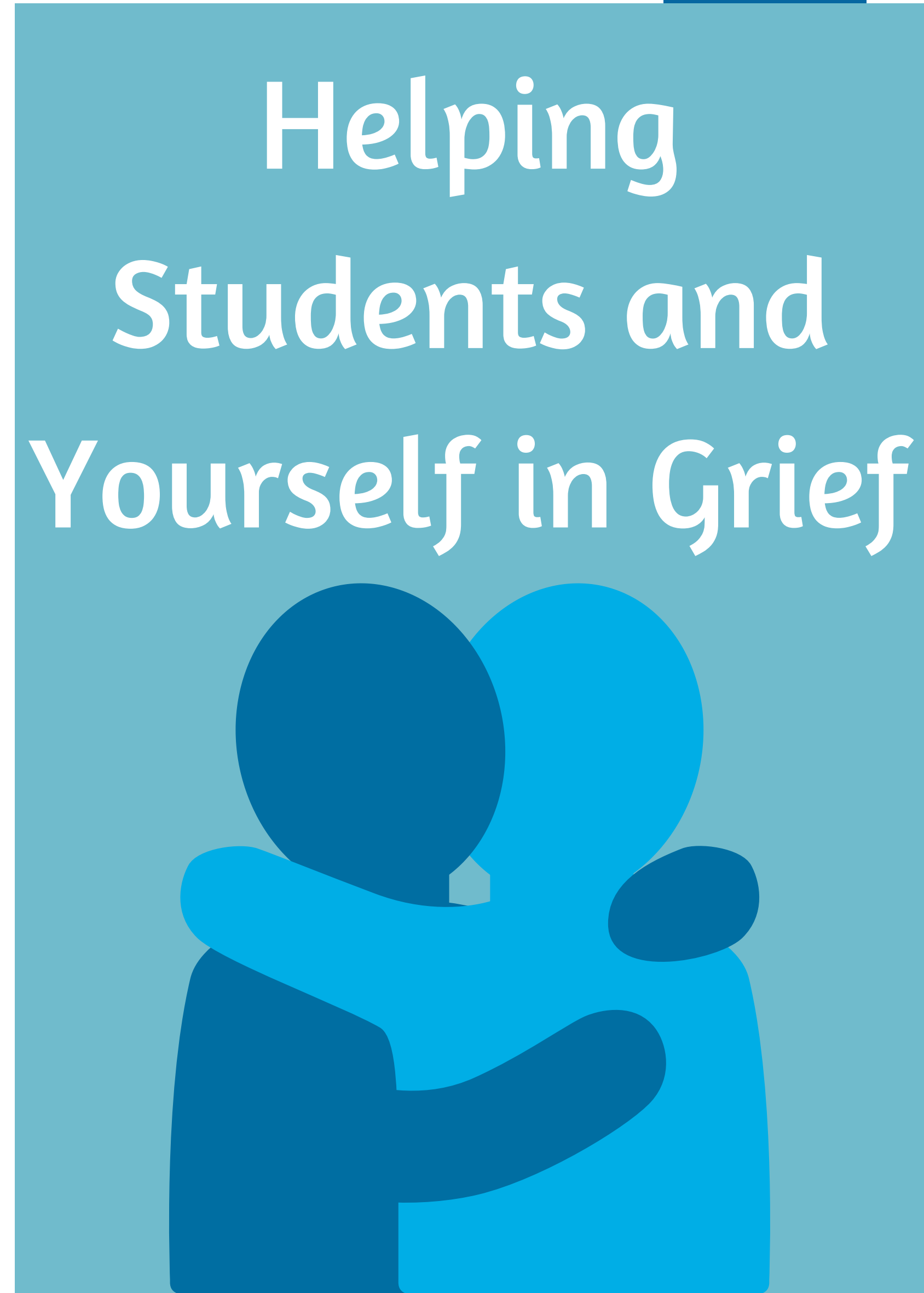
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150 Stewart Ave
Haysville, KS 67060



Helping Students and Yourself in Grief

Wednesday, July 12, 2023

8:30 am - 3:30 pm

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Workshop Description

Grief is the natural reaction to loss. It includes feelings, thoughts, and behaviors when a loss has occurred. Grief can result after an array of losses beyond death (Ex: Life post-pandemic) and collective grief is a loss event shared by a group or community. The emotions surrounding grief can catch us off guard and if not fully faced and swept under the rug, can grow to be a bigger issue that comes around at unexpected times and in crippling ways. When we dismiss grief, we are also dismissing life. When we think that we are separate from grief, or rather, that our grief needs to be separate from us, we perpetuate suffering around this multilayered emotional experience.

Schools are a critically important environment for children as they learn, grow, and develop. They are a vital space for ensuring a child's emotional, physical, and mental health. Children who experience loss and adversity often feel stressed, anxious, and socially isolated in the classroom because they see themselves as very different from their peers. Educators play an integral role helping grieving students adapt to this painful life experience, build resilience, and thrive through it.

In this session, topics related to children and adolescents suffering loss of death, divorce, suicides, disabilities, and more will be covered. The tasks of mourning will be examined from this age groups' perspective. Participants will learn a comprehensive set of communication techniques in working with children and in assisting them to more fully express their feelings of loss. Participants will examine children's fears, how to help them face funerals and memorials, and other related dynamics. Content also focuses on abnormal grief reactions and when to refer for therapies.

Issues of the participant's own grief and burn-out syndromes will also be addressed. Special situations of grief and mourning are also explored, such as sudden death, violent death, suicide, child death, death in the elderly, and more. Interventions for working with special situations are presented.

Key Objectives

1. Participants will use tips as a guide to know how to support grieving students who are navigating loss and adversity.
 - a. Understand Classroom Dynamics
 - b. Identify Social Networks
 - c. Build Trust
 - d. Encourage Exploration
2. Raise awareness around grief key themes and how they relate to individual roles in education.
3. Raise awareness and expose participants to strategies for shifting practices in a school setting.
4. Present core competencies and build skills to take back to the classroom and utilize in the school environment.
5. Provide hands-on activities to role-play conversations (individual and group) with students/adults in grief.
6. Create a personalized grief tool-kit that is unique to fit personal comfort level and student population served.

Presenter Information

Jodi Grover believes that every child should have every opportunity to reach his or her full potential. She has spent over 28 years as a school teacher, counselor, administrator, and educational consult in Kansas. Jodi has spent her career as a prek-12 counselor, business teacher, college and career director, and school administrator which has given her a view through a variety of lenses to approach social-emotional and mental health for students. Along with serving as a Crisis Specialist assisting districts with prevention and recovery, Jodi holds the position as the Chief Education Operations Officer of VIBE (Virtual Interactive Based Education) focusing on social, emotional, and mental health assessments and principal at Burlington High School.

Registration Deadline:
July 5, 2023

Date: Wednesday, July 12, 2023

Time: 8:30 am - 3:30 pm

Location: Dr. John Burke Learning Center

Cost: \$100 Out of District
Free to Haysville USD261 Staff

Payable To: Dr. John Burke Learning Center,
USD261

**GRADUATE
CREDIT
AVAILABLE!**



Register Now

www.usd261.com/learningcenter

